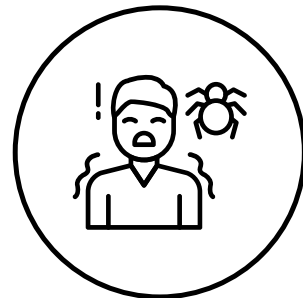


**PRIMER TRIMESTRE****READING SECTION****1****Read the text. Sarah or Mark? Read the sentences and write the correct name.**

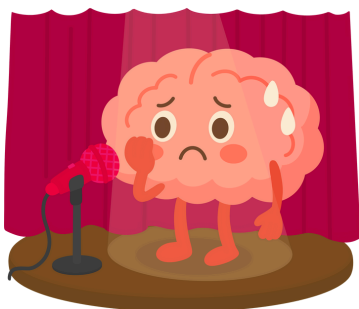
- a. This person avoids sleeping outdoors. \_\_\_\_\_
- b. This person is a student at university. \_\_\_\_\_
- c. This person gets physical symptoms like shaking hands. \_\_\_\_\_
- d. This person checks their clothes/shoes every day. \_\_\_\_\_
- e. This person asks a family member for help. \_\_\_\_\_
- f. This person is taking a class to help with their fear. \_\_\_\_\_



Fear is a normal human emotion. It helps us be careful. However, for some people, fear is a big problem. These strong fears are called "phobias." Here are three people who talk about their phobias.

Sarah has arachnophobia. She is terrified of spiders. "I know spiders are usually small, but I can't look at them. When I see one, I scream and run out of the room. My husband has to catch the spider and take it outside. I check my shoes every morning before I put them on because I am scared a spider is inside. I don't go camping because I don't want to sleep on the ground near insects. It is very stressful for me."

Mark has glossophobia. He is scared of public speaking. "I am a university student, so I often have to speak in front of the class. This is a nightmare for me. My hands shake, my face goes red, and I forget my words. I feel sick before every presentation. I think everyone is looking at me and laughing. To help with this, I joined an acting club last week. We practice speaking in front of people in a fun way. I hope this helps me be more confident."

**2****Read the text again. Answer the questions with full sentences using information from the text.**

- a. What does Sarah do when she sees a spider?

\_\_\_\_\_

- b. Why doesn't Sarah go camping?

\_\_\_\_\_

- c. How does Mark feel before a presentation?

\_\_\_\_\_

- d. Why did Mark join an acting club?

\_\_\_\_\_

## VOCABULARY SECTION

3

Look at the pictures and write the name of the adjectives of feelings and emotions.

confused - annoyed - relaxed - embarrassed - frightened - stressed - shocked - exhausted - positive



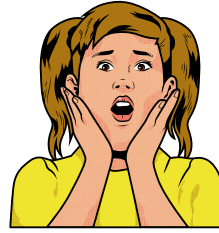
a. \_\_\_\_\_



b. \_\_\_\_\_



c. \_\_\_\_\_



d. \_\_\_\_\_



e. \_\_\_\_\_

4

Complete the sentences with the correct verb form from the box.

breathe | shake | nod | cross | raise | smile | blush |

- If you want to ask a question in class, please \_\_\_\_\_ your hand.
- When you agree with someone, you usually \_\_\_\_\_ your head up and down.
- I always \_\_\_\_\_ when I make a mistake or feel embarrassed. My face turns very red!
- The doctor told me to relax and \_\_\_\_\_ in and out slowly.
- When you meet someone for the first time in business, you usually \_\_\_\_\_ hands.
- Please don't \_\_\_\_\_ your arms. It looks like you are angry or bored.
- We took a photo for the school album and the photographer told us to \_\_\_\_\_ and look happy.

## GRAMMAR SECTION

5

Choose the correct words to complete the sentences.



- I enjoy **watching / to watch** movies on the weekend.
- She decided **buying / to buy** a new car next month.
- Are you interested in **learning / to learn** Italian?
- We hope **visiting / to visit** London next summer.
- Please stop **talking / to talk**! The movie is starting.
- He promised **helping / to help** me with my homework.

6

Complete the conversation between Ben and Luke. Put the verb in parentheses into the correct form: Infinitive or Gerund.

**Ben:** Hi Luke. Are you free this afternoon? I want \_\_\_\_\_ (play) video games.

**Luke:** Honestly, I don't feel like it. I am bored of \_\_\_\_\_ (sit) inside. It is sunny today!

**Ben:** Okay. What do you suggest \_\_\_\_\_ (do) instead?

**Luke:** How about going to the park? I need \_\_\_\_\_ (get) some fresh air.

**Ben:** That sounds good. We can practice \_\_\_\_\_ (skateboard).

**Luke:** Great! But please, promise \_\_\_\_\_ (help) me if I fall.

**Ben:** Don't worry. I am happy \_\_\_\_\_ (teach) you.

**Luke:** Thanks! I am really excited about \_\_\_\_\_ (learn).



# SEGUNDO TRIMESTRE

## READING SECTION

1

Read the sentences below and write the name of the correct student: Leo, Sarah, or Mike.

- This person has to clean the school after lunch. \_\_\_\_\_
- This person got in trouble because of a missing tie. \_\_\_\_\_
- This person goes to a school with no uniforms. \_\_\_\_\_
- This person thinks their school rules teach responsibility. \_\_\_\_\_
- This person feels that their school is too strict. \_\_\_\_\_



### Do you hate school rules?

**September 10, 16:30 Leo** My school is like a military camp! The principal makes the rules and we cannot say anything. We must wear a perfect uniform every day. Yesterday, I forgot my tie at home. It was a small accident, but the teacher said I did something wrong. She sent me to the principal's office! It feels unfair. If we make a noise in the hallway, we get detention. I hate it here.

**September 10, 16:45 Sarah** Wow, Leo. That sounds terrible. My school is totally different. We don't have uniforms; we can wear jeans and t-shirts. The teachers are very relaxed. They always tell us, "Don't worry, just do your best." If we make a mistake on an exam, they help us correct it. They don't punish us. I think students learn better when they are happy.

**September 10, 17:10 Mike** My school is in the middle. We have uniforms, but the teachers are cool. However, we have a very strange rule: the students must clean the school! After lunch, we take turns and do the chores. We sweep the floor and clean the tables. If you make a mess in the cafeteria, you have to clean it up immediately. I actually like it. It teaches us to be responsible.

2

Complete the sentences with information from the text.

- Leo's teacher sent him to the principal because he \_\_\_\_\_.
- At Sarah's school, if a student makes a mistake, the teachers \_\_\_\_\_.
- At Mike's school, if students make a mess in the cafeteria, they must \_\_\_\_\_.
- According to Sarah, students learn better when \_\_\_\_\_.
- Leo compares his school to a \_\_\_\_\_.
- Sarah says that at her school, students are allowed to wear \_\_\_\_\_.

## VOCABULARY SECTION

3

Complete the sentences with DO or MAKE in the correct form. There is ONE extra word.

did - does - made - make - make - make - making

- Why did you miss my party? Don't \_\_\_\_\_ excuses!
- Did you \_\_\_\_\_ a mistake on your geography test?
- Philip always \_\_\_\_\_ his best in baseball.
- The children are \_\_\_\_\_ a noise upstairs.
- The baker \_\_\_\_\_ a great job of making our wedding cake.
- I'm going to \_\_\_\_\_ a complaint about the food in this restaurant.



4

Look at the pictures and choose the correct option.



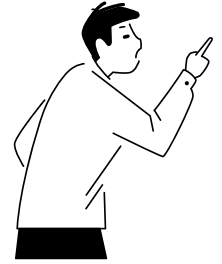
ignore people / tease



fight with someone /  
gossip about



tease / play a joke on



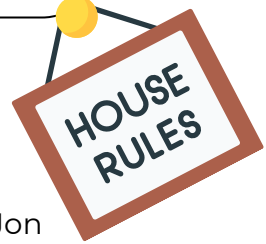
ignore / threaten

## GRAMMAR SECTION

5

Choose the correct option using LET, MAKE or BE ALLOWED TO in the correct form

- We **let / make / 're allowed to** stay up late on the weekend.
- Clara is **allowed to / made / let** me use her phone to call home. She's very kind.
- I'm **made / not allowed to / let** take my new tablet to school.
- Dad **makes / doesn't let / isn't allowed to** my brother Jon drive his car, because Jon is a bad driver.
- Mom **made / is allowed to / let** Rosa clean her room before she could go out.
- Our teachers don't **let / aren't allowed to / make** us use our cell phones in class. It's against the rules.



6

Look at the pictures and write sentences. Use the zero conditional and conditional imperative forms.



a. be in the library / not make a noise

If you... \_\_\_\_\_

\_\_\_\_\_



d. not water plants / they die

If you... \_\_\_\_\_

\_\_\_\_\_



b. make a mess / clean it up

If you... \_\_\_\_\_

\_\_\_\_\_



e. freeze water / turn to ice

If you... \_\_\_\_\_

\_\_\_\_\_



c. mix red and white / get pink

If you... \_\_\_\_\_

\_\_\_\_\_



f. touch fire / burn your hand

If you... \_\_\_\_\_

\_\_\_\_\_

ZERO  
Conditional

If + Present Simple, Present Simple.

If you heat water at 100 degrees, it boils.

Use: To talk about things that are always true, like a scientific fact

To give instructions or commands:

If + present simple imperative

If a strange dog starts to bark at you, stand very still.

If the boat sinks, get into a lifeboat quickly.

# TERCER TRIMESTRE

## READING SECTION



1

Read the text. Then choose the correct option.

### The Crisis of Plastic in Our Oceans

The United Nations (UN) recently reported that humans produce over 300 million tons of plastic every year. This report is very serious. Scientists estimate that about 8 million tons of this plastic end up in the oceans every year. This is a tragedy for marine life.

Dr. Elena Rossi, a marine biologist, explains that the main sources of this pollution are: single-use bottles, plastic bags from supermarkets, and food wrappers. The problem is very dangerous in the summer when tourism increases on the beaches.

Dr. Rossi says that plastic harms animals in two ways. First, animals like turtles eat plastic bags because they look like jellyfish. Second, small fish eat "microplastics", and then humans eat the fish. Experts believe that if we do not change our habits, by 2050 there will be more plastic in the ocean than fish. Recycling is important, but reducing the plastic we buy is the only real solution to save the oceans.

#### 1. What is the main topic of the UN report?

- A. The number of fish in the sea. B. The massive production of plastic. C. The problems with summer tourism.

#### 2. How much plastic enters the oceans every year?

- A. 300 million tons. B. 50 tons. C. 8 million tons.

#### 3. According to Dr. Rossi, what happens to turtles?

- A. They get trapped in nets. B. They eat plastic bags by mistake. C. They migrate to colder waters.

#### 4. What is the best solution according to the experts?

- A. Eating more fish. B. Reducing the plastic we buy. C. Going to the beach in winter.



2

Read the text again. Complete the following sentences using information from the text. Use the correct word or number.

- a. The United Nations reported that we produce over \_\_\_\_\_ tons of plastic yearly.
- b. Plastic pollution is especially dangerous during the \_\_\_\_\_ season due to tourism.
- c. Tiny pieces of plastic are called \_\_\_\_\_.
- d. If we don't change, by the year \_\_\_\_\_ there will be more plastic than fish.
- e. Besides recycling, \_\_\_\_\_ our plastic consumption is necessary.

## VOCABULARY SECTION

3

Look at the descriptions and write the name of the environmental problem (man-made or natural)

- a. This happens when it rains a lot. There is water in the streets and inside houses. \_\_\_\_\_
- b. This happens when there is no rain for a long time. The land is dry and plants die.  
\_\_\_\_\_
- c. Making the air, water, or land dirty with trash or chemicals. \_\_\_\_\_
- d. A time when the weather is very, very hot for many days. \_\_\_\_\_



4

Complete the conversation with the words from the box.

became extinct - protect - throw away - recycle - reuse - run out - save

**Sam:** Look at this news. Rhinos are in danger. Maybe they will \_\_\_\_\_ soon.

**Mia:** That is very sad. We need to \_\_\_\_\_ them.

**Sam:** Yes. The environment is in trouble. We might \_\_\_\_\_ of water one day.

**Mia:** True. We must be careful. We shouldn't \_\_\_\_\_ plastic things in the trash.

**Sam:** I agree. We can \_\_\_\_\_ old bottles for water or plants.

**Mia:** Yes. Or put them in the green bin to \_\_\_\_\_ them.

**Sam:** Good plan. We have to \_\_\_\_\_ our planet!

## GRAMMAR SECTION

5

Choose the correct option to complete the sentences.

- a) I think people **will / won't** stop using cars in the future. They love driving too much.
- b) Don't worry. You **will / won't** pass the biology exam. You studied a lot.
- c) In my opinion, the temperature **will / won't** rise if we don't stop pollution.
- d) I am sure she **will / won't** like this documentary; she hates nature shows.
- e) One day, scientists **will / won't** find a solution for clean energy.
- f) We **will / won't** go to the park today. It is raining a lot.

6

Complete the sentences with the correct form of **be going to** and the verbs.

- a) Look at those dark clouds! It \_\_\_\_\_ (rain) soon.
- b) My brother loves animals. He \_\_\_\_\_ (study) veterinary medicine.
- c) We \_\_\_\_\_ (not / use) plastic bags anymore. We bought cloth bags.
- d) Watch out! That tree \_\_\_\_\_ (fall) down!
- e) I \_\_\_\_\_ (start) a recycling club at school next week.
- f) They \_\_\_\_\_ (not / travel) by plane this summer to reduce pollution.

# 7 Order the words to make questions.

- a) to / plant / Are / going / trees / you / ? \_\_\_\_\_
- b) is / Where / going / sleep / the / to / cat / ? \_\_\_\_\_
- c) going / they / Are / reduce / to / waste / their / ? \_\_\_\_\_
- d) Leo / Is / to / going / car / buy / electric / a / ? \_\_\_\_\_
- e) to / What / going / do / are / we / tomorrow / ? \_\_\_\_\_

## LISTENING SECTION



# 8 Listen to the interview with Dr. Green and complete the sentences with ONE word you hear.

- |   |  |
|---|--|
| a) Factories and _____ are the main cause of pollution.       | d) Animals lose their homes and _____ disappears.            |
| b) The dangerous effect is that the _____ at the poles melts. | e) People waste water using old _____ and showers.           |
| c) Farmers cut down trees to use the land for _____.          | f) We must be careful to have water for _____ in the future. |

# 9 Listen again. Choose the correct option (A, B, or C).

LISTEN.  
LISTEN...

### a) Who is Dr. Green?

A) A farmer. B) An environmental expert. C) A factory worker.

### b) What gas was mentioned in the interview?

A) Oxygen. B) CO<sub>2</sub>. C) Hydrogen.

### c) What happens when forests disappear?

A) Animals have nowhere to live. B) Farmers lose their jobs. C) The weather gets colder.

### d) What is the problem with old toilets?

A) They are dirty. B) They use too much water. C) They are expensive.