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Curso: 3 Año B Ciclo lectivo: 2024

**Bibliografía**: Book: Metro,1. Oxford. Student Book and Workbook. James Styring & Nicholas Tims. Metro, 2. Oxford. Student Book and Workbook. James Styring & Nicholas Tims.

#### Programa Tercer Trimestre

#### UNIT 8: "Staying in shape"

- Vocabulary: fitness and health 90 and illness and injury 94.
- Grammar: love / like / hate + -ing 93 and should / shouldn't for advice 95.
- Reading: "Practice makes perfect" 92 and "Readers problems" 96-97.
- Listening: "Working out" 91, "On the news" 94.
- Speaking: Talking about illnesses and injuries 96

## UNIT 1: "What's the plan?"

- Vocabulary: weekend plans 14 and phrasal verbs: movement 18.
- Grammar: present progressive for the future 17 and indefinite pronouns: words with some, any, no and every 19.
- Reading: "Weekend ideas" 16 and "Do you have FOMO?" 21.
- Listening: "See you Saturday!" 15 and "A trip to St Louis" 18.
- Speaking: Making arrangements 20

## TRABAJO PRÁCTICO 28

pollution | deforestation | greenhouse gases | recycle | renewable energy | climate change |

Vocabulary: environment and global warming

# 1) Complete the sentences using the words in the box:

endangered species   giobai warming
refers to the gradual increase in the Earth's temperature due to the buildup of
greenhouse gases in the atmosphere.
Cutting down large areas of trees and forests is called, and it has a negative
impact on biodiversity.
We need to use more sources like wind and solar power to reduce our
dependence on fossil fuels.
are animals that are at risk of becoming extinct.
To reduce waste, it's important to materials like paper, glass, and plastic.
such as carbon dioxide and methane trap heat in the Earth's atmosphere,
contributing to global warming.
The amount of in our cities has been rising, causing serious health problems.
refers to the long-term changes in temperature, precipitation, and weather
patterns
<u>Grammar:</u> indefinite pronouns: words with some, any, no and every 19.

#### 1) Choose the correct indefinite pronoun to complete the sentence.

(Someone/Anyone) left their jacket in the classroom. Does it belong to you? If (everyone/no one) helps clean up, we will finish quickly. I didn't go (somewhere/anywhere) for vacation this year. (Something/Anything) is better than nothing.



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2) Complete the sentences with someone, anyone, no one, everyone, something, anything, nothing, everything, somewhere, anywhere, nowhere, or everywhere.

She tried to ask for help, but (no one/everyone) heard her

must take responsibility for protecting the planet; climate change affects
us all.
We cannot allow to keep polluting the oceans with plastic waste.
There is we can do to help reduce our carbon footprint. We just need to
start small.
If makes an effort, we can slow down global warming together.
The government is working on a policy, but so far, has been finalized.
Scientists are looking for to help reduce the effects of greenhouse
gases, but it's a long process.
is talking about climate change nowadays, but are we really doing
enough?
There is in the Arctic that is melting faster than expected: the ice caps.
We should plant trees we can to restore the environment.
We cannot find solution that will work instantly; it takes time and
cooperation.
·

3) Read the following text and answer True or False.

#### The Impact of Global Warming

Global warming is affecting every part of the world, from melting ice in the Arctic to **droughts** in Africa. Everyone can see the changes, but not everyone is doing something about it. In many places, people believe that there's nothing they can do to stop it. However, experts suggest that small actions, like reducing **plastic waste** and saving energy, can have a big impact. There is something each person can contribute. No one should ignore the consequences of climate change, as it affects every country, every ecosystem, and every community. Governments need to act, but so does everyone else.

- 1. Global warming is affecting some places, but not everywhere. (True/False)
- 2. Everyone is taking action to combat global warming. (True/False)
- 3. Some people believe that they can't do anything to stop global warming. (True/False)
- 4. Experts say that even small actions can make a difference. (True/False)
- 5. Governments and individuals should both take responsibility. (True/False)

## 4) Read the text again and answer the following questions:

- How is global warming affecting different parts of the world?
- Is everyone taking action against global warming? Explain.
- What small actions are mentioned in the text that people can do to help?
- According to the text, who should take responsibility for fighting climate change?
- How does global warming impact everyone and everything?
- **5)** Write a short paragraph about the role of students in helping the environment. Use at least **five indefinite pronouns** (*some*, *any*, *no*, and *every* for people, places, or things).



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# 6) In small groups, discuss the following questions about FOMO. Each student should take turns sharing their thoughts.

- 1. How has social media changed the way we perceive social events?
- 2. Have you ever experienced FOMO? Describe the situation.
- 3. What are some positive and negative effects of FOMO on mental health?
- 4. How can we help friends who may be struggling with FOMO?
- 5. What strategies can you use to manage feelings of FOMO in your own life?

## 7) Match the words on the left with their definitions on the right:

FOMO Social Media Anxiety Peer Pressure Self-esteem Mindfulness

- a. The feeling of worry or unease about missing important experiences.
- b. Feeling of being influenced by friends or others to do something.
- c. A platform where people share content online (e.g., Instagram, TikTok).
- d. The concept of being present and aware of your thoughts and feelings.
- e. A psychological term for one's overall sense of self-worth or value.
- f. The fear of missing out on exciting or interesting events happening elsewhere.

#### 7) Choose the correct option to complete the sentences.

FOMO can make (everyone/someone) feel anxious about missing out on events they see online.

If you don't want to go to a party, you don't have to. (Nothing/Anything) bad will happen.

(No one/Anyone) should feel pressured to do something just because it looks fun on social media.

(Somewhere/Nowhere) in our minds, we know that social media isn't real life, but we still compare ourselves.

(Anyone/Everyone) posts about their best moments online, but no one shows the bad days.